

FSD S.G. 1PRSN72HR BUCKET - 8w x 3h

The graphic features a dark red background with a light blue sky and green mountains in the background. On the left, there is a logo for 'FOOD SUPPLY DEPOT' with a small image of a building. The main title 'SURVIVAL KIT' is in large, bold, red letters with a white outline, and 'EMERGENCY FOOD SUPPLY' is in smaller, bold, black letters below it. In the center, a dark green banner contains the text '1 PERSON | 72 HOURS' and '1,086 Calories per Day'. Below this are three images of food: a bowl of oatmeal with fruit, a bowl of yellow scrambled eggs, and a bowl of yellow rice with vegetables. At the bottom, there are three icons: a fork and knife, a campfire, and a flame. The text 'LONG-TERM SUPPLY' is on the left, 'CAMPING' is in the middle, and 'EVERYDAY USE' is on the right. The net weight 'Net Weight: 1.89 lbs (860 g)' is on the bottom left, and the number '20120109' is on the bottom right.

FOOD SUPPLY
DEPOT

SURVIVAL KIT

EMERGENCY FOOD SUPPLY

1 PERSON | 72 HOURS
1,086 Calories per Day

LONG-TERM SUPPLY **UP TO 7 YEARS** **CAMPING** **EVERYDAY USE**

Net Weight: 1.89 lbs (860 g) 20120109

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Nutrition Facts

	Sportsman Artisan Oatmeal	Sportsman Cajun Pasta	Sportsman Cheesy Rice Casserole	Sportsman Chili Mac
Serving Size:	½ pouch (65g)	½ pouch (96g)	½ pouch (62g)	½ pouch (77g)
Servings Per Bucket:	6	2	2	2
Amount Per Serving				
Calories	250	350	240	290
Calories from Fat	30	50	45	45
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	3.5g	6g	5g	5g
Saturated Fat	0.5g	3g	3g	2.5g
Trans Fat	0g	0g	0g	0g
Cholesterol	0mg	15mg	10mg	10mg
Sodium	0mg	460mg	780mg	780mg
Total Carbohydrate	48g	83g	41g	64g
Dietary Fiber	5g	2g	2g	5g
Sugars	15g	5g	4g	5g
Protein	7g	12g	6g	11g
Vitamin A	0%	2%	15%	10%
Vitamin C	0%	20%	2%	20%
Calcium	2%	10%	8%	10%
Iron	10%	15%	6%	15%
	Calories 2,000 2,500		Calories 2,000 2,500	
Total Fat	Less than 65g 90g	Sodium	Less than 2,400mg 2,400mg	
Saturated Fat	Less than 20g 25g	Total Carbohydrate	300g 375g	
Cholesterol	Less than 300mg 300mg	Dietary Fiber	25g 30g	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

20120110

Sportsman Artisan Oatmeal

Ingredients: Whole-grain rolled oats, sugar, natural maple and brown sugar flavor.

Sportsman Cajun Pasta

Ingredients: Fusilli pasta (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), powdered milk, yellow cheddar cheese, creamer, cornstarch, mushrooms, paprika, Cajun seasoning, salt, butter flavor, minced garlic, white pepper, sour cream powder, parsley.

Contains: Wheat and Milk.

Sportsman Cheesy Rice Casserole

Ingredients: Precooked long-grain rice (rice, niacinamide, ferric orthophosphate, thiamine mononitrate, folic acid), cheddar cheese (milk, cheese cultures, salt, enzymes), cornstarch, palm oil, corn syrup solids, sugar, organic skim milk solids, whey, maltodextrin, textured soy, soybean oil, autolyzed yeast extract, hydrolyzed corn protein, sunflower oil, peas, carrots, oat fiber, onion, celery, sodium citrate, soy lecithin, natural flavors, thiamine hydrochloride, garlic, sea salt, dextrose, tapioca dextrin, disodium phosphate, annatto extract, disodium inosinate, disodium guanylate, spices, turmeric extract.

Contains: Milk and Soy.

Sportsman Chili Mac

Ingredients: Fusilli pasta (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), powdered milk, yellow cheddar cheese, black beans, textured soy, cornstarch, creamer, chopped onions, chili powder, natural chicken flavor, diced tomatoes, diced green chilies, curmin, salt, butter flavor, minced garlic, turmeric, chili pepper, black pepper.

Contains: Milk, Soy and Wheat.

Find cooking directions on individual pouches.

Shelf life: Up to 7 years from date of manufacture.

For best taste and nutritional value, store between 60 °F and 70 °F.

Produced on equipment that processes Milk, Soy, Egg, Wheat and Tree Nuts.

Product images are presented as serving suggestions.

Manufactured for:
Food Supply Depot
 111 E. Broadway, 11th fl.
 Salt Lake City, Utah 84111
www.foodsupplydepot.com
Made In USA

Reorder # 90120025

