

**GIFT # 183**

**FRUITCAKE**

**INGREDIENTS**

RED GLACE CHERRIES (CHERRIES, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, POTASSIUM SORBATE [PRESERVATIVE], SODIUM BENZOATE [PRESERVATIVE], RED 40, SULFUR DIOXIDE [PRESERVATIVE]), RAISINS, FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GLACE PINEAPPLE (PINEAPPLE, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, POTASSIUM SORBATE AND SODIUM BENZOATE [PRESERVATIVES], OLEORESIN TURMERIC [COLOR], AND SULFUR DIOXIDE [PRESERVATIVE]), PECANS, EGG BLEND (WHOLE EGG, EGG YOLK, CORN SYRUP SOLIDS, SALT, CELLULOSE GUM), BUTTER (CREAM [MILK], SALT), SUGAR, WATER, WALNUTS, SALT, NONFAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, SODIUM PROPIONATE (PRESERVATIVE), PRESERVATIVE ENZYME (CORNSTARCH, ENZYME, TAPIOCA STARCH, MINERAL OIL, SULFITES), NATURAL & ARTIFICIAL FLAVOR, YELLOW 5, YELLOW 6. CONTAINS EGG, MILK, PECANS, WALNUTS, WHEAT. TO SERVE: CHILL AND SLICE WITH WET KNIFE.

<b>SERVING SIZE</b>	4 OZ (113G)	<b>SERVINGS PER CONTAINER</b>	VARIED
<b>TOTAL CALORIES</b>	510	<b>FAT CALORIES</b>	180
<b>SATURATED FAT GRAMS</b>	7	<b>SATURATED FAT %</b>	35
<b>TRANS FAT</b>	0		
<b>CHOLESTEROL MG</b>	90	<b>CHOLESTEROL %</b>	30
<b>SODIUM MG</b>	480	<b>SODIUM %</b>	20
<b>TOTAL CARBOHYDRATE GRAMS</b>	78	<b>TOTAL CARBOHYDRATE %</b>	26
<b>DIETARY FIBER GRAMS</b>	3	<b>DIETARY FIBER %</b>	12
<b>SUGAR GRAMS</b>	45		
<b>SUGAR ALCOHOL GRAMS</b>	0		
<b>PROTEIN GRAMS</b>	5		
<b>VITAMIN A %</b>	8		
<b>VITAMIN C %</b>	0		
<b>CALCIUM %</b>	6		
<b>IRON %</b>	10		