



**40**  
SERVINGS



**SHELF LIFE UP TO**  
**25 YEARS**

Certified



Gluten-Free

**Shelf Life: Best when stored**  
**in a cool dry place at**  
**temperatures between 55° and**  
**70° F (ideal humidity 15%).**

*Shelf life estimates are based*  
*on industry studies from*  
*sources deemed reputable.*  
*Since Augason Farms has no*  
*control over individual storage*  
*practices, they must disclaim*  
*any liability or warranty for*  
*particular results.*

**FOOD STORAGE**

**EMERGENCY**

**EVERYDAY FOOD**

# Tomato Powder

## Nutrition Facts

Serving Size: 1/4 Cup (41g dry)  
Servings Per Container: 40

Amount Per Serving	
Calories 120	Calories from Fat 10
% Daily Value*	
<b>Total Fat 1.5g</b>	<b>2%</b>
<b>Saturated Fat 0g</b>	<b>0%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 50mg</b>	<b>2%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
<b>Dietary Fiber 3g</b>	<b>12%</b>
<b>Sugars 18g</b>	
<b>Protein 6g</b>	
<b>Vitamin A 15%</b>	<b>Vitamin C 160%</b>
<b>Calcium 4%</b>	<b>Iron 15%</b>

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbs 4 Protein 4

## DIRECTIONS:

For 3/4 cup tomato sauce:

Blend 1/4 cup tomato powder and 1/2 cup water.

For tomato paste:

Reduce amount of water, blend until desired thickness is reached.

Uses:

Soups, stews, pizza sauce, spaghetti sauce, or juice.

**INGREDIENTS:** Dehydrated tomato paste.

12004-120814

1-800-878-0099

[www.AugasonFarms.com](http://www.AugasonFarms.com)

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