



20
SERVINGS



SHELF LIFE UP TO
25 YEARS

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE
EMERGENCY
EVERYDAY FOOD

Dehydrated Potato Dices

Nutrition Facts			
Serving Size: 1/2 Cup (43g dry)			
Servings Per Container: 20			
Amount Per Serving			
Calories 160	Calories from Fat 0		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 30mg	1%		
Total Carbohydrate 36g	12%		
Dietary Fiber 3g	12%		
Sugars 2g			
Protein 3g			
Vitamin A 0%	Vitamin C 25%		
Calcium 2%	Iron 2%		
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbs 4 Protein 4			

11110-120814

DIRECTIONS:

1. Pour 1 cup of potato dices into 3 cups of boiling water.
2. Add 1 teaspoon of salt.
3. Turn heat down and simmer until tender (10-15 minutes).
4. Drain, season to taste, and serve.

One pound of dehydrated potato dices equals approximately 4 pounds of fresh potatoes

Yield: Approximately 2 1/2 cups of potatoes.

INGREDIENTS: Dehydrated potatoes.

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Certified



Gluten-Free

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FOOD STORAGE

EMERGENCY

EVERYDAY FOOD

Dehydrated Potato Flakes

Nutrition Facts

Serving Size: 1/3 Cup (23g dry)
Servings Per Container: 30

Amount Per Serving		% Daily Value*	
Calories 80	Calories from Fat 0		
Total Fat 0g			0%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 0mg			0%
Total Carbohydrate 19g			6%
Dietary Fiber 2g			6%
Sugars 1g			
Protein 2g			
Vitamin A 0%	Vitamin C 2%		
Calcium 0%	Iron 2%		

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram: Fat 9 Carbs 4 Protein 4

DIRECTIONS:

1. Heat 2 cups of water with 3/4 teaspoon of salt and 3 tablespoons of butter or margarine.
2. Add 2/3 cup of milk and 2 cups of flakes.
3. Stir with a fork to moisten. Do not over beat.

For creamier potatoes use more milk or water.
Serves 6.

INGREDIENTS: Potatoes, monoglycerides, sodium acid pyrophosphate, citric acid. Freshness preserved with sodium bisulfite and BHA.

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**FOOD STORAGE
EMERGENCY
EVERYDAY FOOD**

Dehydrated Potato Slices

Nutrition Facts	
Serving Size: 1/2 Cup (20g dry)	
Servings Per Container: 28	
Amount Per Serving	
Calories 70	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 16g	5%
Dietary Fiber 2g	6%
Sugars 1g	
Protein 0g	
Vitamin A 0%	Vitamin C 10%
Calcium 0%	Iron 2%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 Carbs 4 Protein 4	

11122-100714

DIRECTIONS:

1 lb of dehydrated potato slices equals 4 lbs of fresh potatoes.

Cover potatoes with water and let stand for 15-30 minutes, or simmer until tender. Salt as desired.

Use in scalloped potatoes, fried potatoes, potato salad, soups and stews.

INGREDIENTS: Potato slices preserved with sodium bisulfite.

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**FOOD STORAGE
EMERGENCY
EVERYDAY FOOD**

Dehydrated Potato Shreds

Nutrition Facts

Serving Size: 1/2 cup (31g)
Servings Per Container: 21

Amount Per Serving			
Calories 110	Calories from Fat 5		
		% Daily Value*	
Total Fat 0g			1%
Saturated Fat 0g			1%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 530mg			22%
Total Carbohydrate 24g			8%
Dietary Fiber 2g			8%
Sugars 1g			
Protein 2g			
Vitamin A 0%	Vitamin C 15%		
Calcium 2%	Iron 2%		
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories	2,000 2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbs 4 Protein 4			

11120-120314

DIRECTIONS:

Yield: 2 servings

1. Pour 1 cup potato shreds into 3 cups boiling water (1/2 teaspoon salt optional).
2. Turn down heat and simmer until tender.
3. Drain.

Use in recipes calling for potatoes or fry on well oiled grill at 375°F for 3-4 minutes or until golden brown.

INGREDIENTS: Potatoes, salt, mono and diglycerides, dextrose. Freshness preserved with sodium bisulfite and BHT.

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SERVINGS



SHELF LIFE UP TO
10 YEARS

Certified



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FOOD STORAGE
EMERGENCY
EVERYDAY FOOD

Potato Gems

Complete Mashed Potatoes

Nutrition Facts

Serving Size: 1/4 Cup (30g dry)
Servings Per Container: 45

Amount Per Serving	
Calories 110	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	22%
Total Carbohydrate 22g	7%
Dietary Fiber 2g	7%
Sugars 1g	
Protein 2g	
Vitamin A 0%	Vitamin C 15%
Calcium 2%	Iron 2%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:	Fat 9	Carbs 4	Protein 4

11118-121514

DIRECTIONS:

Yield: 4 servings

1. Mix 1 cup of Potato Gems with 2 cups of boiling water. Potatoes need to be added quickly and all at once, stirring constantly until potato mixture begins to set (about 20-30 seconds.)
2. Let sit for 3 to 5 minutes. Stir and serve.

- For creamier mashed potatoes, add more water by small increments and stir.

INGREDIENTS: Potatoes, salt, partially hydrogenated canola oil mono and diglycerides, artificial color, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT.

Contains allergen: Milk.

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