

20)

SERVINGS

SHELF LIFE UP TO 25 YEARS

in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Shelf life estimates are based

Dehydrated Potato Dices

Nutrition Facts

Serving Size: 1/2 Cup (43g dry) Servings Per Container: 20

Calories	160	C	alories f	rom F	at
		-	71	% Daily	Valu
Total Fat	0g				0
Saturate	ed Fa	t Og	J		0
Trans Fa	at Og				
Choleste	rol Or	mg			0
Sodium 3	30mg				1
Total Car	bohy	dra	te 36g		12
Dietary	Fiber	3g			12
Sugars 2	a				orand
Protein 3	-				
Vitamin A	0%		Vitam	in C	25%
And the second second second	83806	1111	111-50(1)/800333113	A REPORT OF THE REPORT OF	- 600.86
Calcium	2%	1963	Iron		2%
*Percent Da calorie diet.	ily valu Your d	ies a laily g on	re based o values may	y be hig	000 gher s.
*Percent Da calorie diet. or lower dep	ily valu Your d	ies a laily g on pries	re based values may your calor	y be hig ie need 2,5	000 gher s.
*Percent Da calorie diet. or lower dep Total Fat	ily valu Your d pending Calc	ies a laily g on pries han	re based o values may your calor 2,000	y be hig ie need 2,5 8	000 gher s. 00
Calcium Percent Da calorie diet. or lower deg Total Fat Sat Fat Cholesterol	ily valu Your d Dending Calc Less t Less t	ies a laily g on pries han han	values may your calor 2,000 65g 20g	y be hig ie need 2,5 8	000 gher s. 00 0g 5g
*Percent Da calorie diet. or lower deg Total Fat Sat Fat	ily valu Your d Calc Less t Less t	les a laily g on pries han han han	values may your calor 2,000 65g 20g	y be hig ie need 2,5 8 2 300r	000 gher s. 00 0g 5g ng
*Percent Da calorie diet. or lower deg Total Fat Sat Fat Cholesterol	ily valu Your d Calc Less t Less t Less t	les a laily ories han han han han	re based ovalues may your calor 2,000 65g 20g 300mg	y be hig ie need 2,5 8 2 300r	000 gher s. 00 0g 5g ng ng

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DIRECTIONS:

- 1. Pour 1 cup of potato dices into 3 cups of boiling water.
- 2. Add 1 teaspoon of salt.
- **3.** Turn heat down and simmer until tender (10-15 minutes).
- 4. Drain, season to taste, and serve.

One pound of dehydrated potato dices equals approximately 4 pounds of fresh potatoes

Yield: Approximately 2 1/2 cups of potatoes.

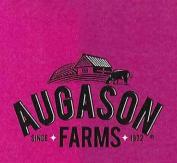
INGREDIENTS: Dehydrated potatoes.

FOOD STORAGE Emergency Everyday food

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30 SERVINGS



25 YEARS



Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE Emergency Everyday food

Nutrition Facts

Serving Size: 1/3 Cup (23g dry) Servings Per Container: 30

Calories	80 C	alories f	rom Fa	t (
			% Daily Va	lue
Total Fat	Og 🐁			09
Saturate	ed Fat O	g		0%
Trans Fa	at Og			
Choleste	rol Omg		(29
Sodium (Omg			39
Total Car	bohydra	te 19g		69
Dietary	Fiber 2g	1	(59
Sugars 1	g			
Protein 2	g			
Vitamin A	0% •	Vitam	ln C 2	%
Calcium	0% •	Iron	2	%
*Percent Da calorie diet. or lower dep	Your daily	values may	y be high	ər
Total Fat	Less than	65g	809	1
Sat Fat	Less than	20g	259	
Cholesterol		300mg	300mg	
	Less than			14
Sodium				
Sodium Total Carbol Dietary Fibe	1980 10 00 00 00 00 00	300g 25g	375g 30g	0

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Potato Flakes

DIRECTIONS:

1. Heat 2 cups of water with 3/4 teaspoon of salt and 3 tablespoons of butter or margarine.

- 2. Add 2/3 cup of milk and 2 cups of flakes.
- 3. Stir with a fork to moisten. Do not over beat.

For creamier potatoes use more milk or water. Serves 6.

INGREDIENTS: Potatoes, monoglycerides, sodium acid pyrophosphate, citric acid. Freshness preserved with sodium bisulfite and BHA.

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28 SERVINGS

SHELF LIFE UP TO 25 YEARS

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Potato Slices

Nutrition Facts

Serving Size: 1/2 Cup (20g dry) Servings Per Container: 28

Total Fat Saturate	0				
10-10-10-10-10-10-10-10-10-10-10-10-10-1	0			% Dail	y Value
Saturate	Ug				09
	d Fat	09	g		09
Trans Fa	t Og				
Cholester	ol On	ng			0%
Sodium 1	5mg				19
Total Carl	bohyd	Ira	te 16g		5%
Dietary	Fiber	2g	1		6%
Sugars 1	3				
Protein O	q	-			
Vitamin A	0%		Vitam	in C	10%
	popular!	-		шс	
Calcium	0%		Iron		2%
*Percent Dai calorie diet. or lower dep	Your da	ily on	values may	y be h ie nee	igher
ten con table more	Less th		65g		80g
	Less th		20g		25g
Cholesterol					Omg
		an	2400mg		
Total Carboh	Section and the		300g		75g
Dietary Fiber		_	25g	3	30g

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DIRECTIONS:

1 lb of dehydrated potato slices equals 4 lbs of fresh potatoes.

Cover potatoes with water and let stand for 15-30 minutes, or simmer until tender. Salt as desired.

Use in scalloped potatoes, fried potatoes, potato salad, soups and stews.

INGREDIENTS: Potato slices preserved with sodium bisulfite.

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SERVINGS

SHELF LIFE UP TO

25 YEARS

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Since Augason Farms has no

any liability or warranty for

Dehydrated Potato Shreds

Nutrition Facts

Serving Size: 1/2 cup (31g) Servings Per Container: 21

, uno uni i ui	Serving	1		_	_
Calories	110	С	alories f	rom	Fat !
			8	% Daily	/ Value
Total Fat	0g				1%
Saturate	ed Fa	t Og	Ð		19
Trans Fa	at Og				
Choleste	rol Or	ng			0%
Sodium 5	530m	g			229
Total Car	bohy	dra	te 24g		8%
Dietary	Fiber	2g			8%
Sugars	lg				
Protein 2	g				
			Vitam	in C	15%
Protein 2 Vitamin A Calcium	g 0% 2%	•	Vitam Iron	in C	15% 2%
Vitamin A Calcium *Percent Da calorie diet.	0% 2% illy valu Your d	ies a aily g on	Iron re based o values may your calor	on a 2 / be h ie nee	2% ,000 igher
Vitamin A Calcium Percent Da calorie diet. or lower dep	0% 2% illy valu Your d	es a aily g on pries	Iron re based o values may your calor 2,000	on a 2 / be h ie nee 2,9	2% ,000 igher ds.
Vitamin A Calcium Percent Da calorie diet. or lower dep Total Fat	0% 2% illy valu Your d pending Calo	ies a aily g on ories han	Iron re based o values may your calor 2,000	on a 2 / be h ie nee 2,!	2% ,000 igher ds. 500
Vitamin A Calcium Percent Da calorie diet. or lower dep Total Fat Sat Fat Cholesterol	0% 2% illy valu Your d bending Calo Less t Less t Less t	• aily g on ories han han han	Iron re based values may your calor 2,000 65g 20g 300mg	on a 2 y be hi ie nee 2,1 i 300	2% 9,000 igher ds. 500 80g 25g 0mg
Vitamin A Calcium Percent Da calorie diet, or lower dep Total Fat Sat Fat Cholesterol Sodium	0% 2% illy valu Your d bending Calo Less t Less t Less t Less t	es a aily g on ories han han han han	Iron re based values may your calor 2,000 65g 20g 300mg 2400mg	on a 2 y be h ie nee 2,1 1 300 2400	2% 9,000 igher ds. 500 80g 25g 0mg 0mg
Vitamin A Calcium Percent Da calorie diet. or lower dep Total Fat Sat Fat Cholesterol Sodium Total Carbol	0% 2% illy valu Your d bending Calo Less t Less t Less t Less t Less t	es a aily g on ories han han han han	Iron re based ovalues may your calor 2,000 65g 20g 300mg 2400mg 300g	on a 2 / be h ie nee 2,1 300 2400 3	2% 9,000 igher ds. 500 80g 25g 0mg 0mg 75g
Vitamin A	0% 2% illy valu Your d bending Calo Less t Less t Less t Less t Less t	es a aily g on ories han han han han	Iron re based values may your calor 2,000 65g 20g 300mg 2400mg	on a 2 / be h ie nee 2,1 300 2400 3	2% 9,000 igher ds. 500 80g 25g 0mg 0mg

11120-120314

DIRECTIONS:

Yield: 2 servings

- 1. Pour 1 cup potato shreds into 3 cups boiling water (1/2 teaspoon salt optional).
- 2. Turn down heat and simmer until tender.
- 3. Drain.

Use in recipes calling for potatoes or fry on well oiled grill at 375°F for 3-4 minutes or until golden brown.

INGREDIENTS: Potatoes, salt, mono and diglycerides, dextrose. Freshness preserved with sodium bisulfite and BHT.

FOOD STORAGE EMERGENCY EVERYDAY FOOD

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45

SERVINGS

SHELF LIFE UP TO 10 YEARS

Certified

GF

Gluten-Free

Shelf Life: Best when stored In a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

practices, they must disclaim

Potato Gems Complete Mashed Potatoes

Nutrition Facts

Serving Size: 1/4 Cup (30g dry) Servings Per Container: 45

Calories	110	Ca	alories fi	rom	Fat 1
% Daily Valu	e*				
Total Fat	1.5g				2%
Saturate	ed Fat	: 00	3		19
Trans Fa	at Og				
Choleste	rol On	ng			09
Sodium 5	520mg	3			229
Total Car	bohy	dra	te 22g		79
Dietary	Fiber	2g	8		79
Sugars 1	q				
Protein 2	-	-			
Vitamin A	0%	•	Vitam	in C	15%
Calcium	2%		Iron		2%
17 pt 015 1100-00172					
*Percent Da calorie diet. or lower dep	Your di	aily on	values may your calor	y be h ie nee	igher
calorie diet.	Your di	oily on ries	values may your calor	y be h ie nee 2,	igher ds.
calorie diet. or lower dep Total Fat	Your di bending Calo	aily on ries nan	values may your calor 2,000	y be h ie nee 2,	igher ds. 500
calorie diet. or lower der Total Fat Sat Fat	Your di bending Calo Less th Less th	aily 1 on ries nan nan	values may your calor 2,000 65g 20g	y be h ie nee 2,	igher ds. 500 80g
calorie diet. or lower dep Total Fat Sat Fat Cholesterol Sodium	Your di bending Calo Less ti Less ti Less ti Less ti	aily ries nan nan nan	values may your calor 2,000 65g 20g 300mg 2400mg	y be h ie nee 2, 300 2400	igher ds. 500 80g 25g Omg Omg
calorie diet. or lower der	Your di cending Calo Less ti Less ti Less ti Less ti hydrate	aily ries nan nan nan	values may your calor 2,000 65g 20g 300mg	y be h ie nee 2, 300 2400	igher ds. 500 80g 25g 0mg

11118-121514

DIRECTIONS:

Yield: 4 servings

 Mix 1 cup of Potato Gems with 2 cups of boiling water. Potatoes need to be added quickly and all at once, stirring constantly until potato mixture begins to set (about 20-30 seconds.)
Let sit for 3 to 5 minutes. Stir and serve.

• For creamier mashed potatoes, add more water by small increments and stir.

INGREDIENTS: Potatoes, salt, partially hydrogenated canola oilk mono and diglycerides, artificial color, natural and artificial flavor. Freshness preserved with sodium bisulfite and BHT.

Contains allergen: Milk.

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