

260 **SERVINGS** 



**SHELF LIFE UP TO** 

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

**FOOD STORAGE EMERGENCIES EVERYDAY FOOD** 

1-800-878-0099

www.AugasonFarms.com

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## **FREEZE DRIED FRUIT VARIETY PACK**

### **SLICED STRAWBERRIES**

2 POUCHES



# **Nutrition Facts**

Serving Size: 1/4 Cup (4g dry) Servings Per Pouch: 20

Amount Per Serving	g	
Calories 15	Calories	from Fat 0
		% Daily Value
Total Fat Og		0%
Saturated Fa	t 0g	0%
Trans Fat Og		
Cholesterol 0	mg	0%
Sodium Omg		0%
Total Carbohy	drate 3g	1%
Dietary Fiber	0g	1%
Sugars 2g		
Protein Og		

Vitamin A	0%	•	Vitamin	C 30%
Calcium	0%	•	Iron	2%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Cald	ories	2,000	2,500
Total Fat	Less	than	65g	80g

or lower depending on your calorie needs.				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Cholesterol Less than		300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram: Fat 9		Carbs 4	Protein 4	

### **INGREDIENTS:**

### **SLICED PEACHES**

2 POUCHES



### **Nutrition Facts**

Serving Size: 1/4 Cup (6g dry)

Servings Per Pouch: 24				
Amount Per	Serving	3		
Calories	25	Cal	lories from	Fat 0
			% Dail	y Value
Total Fat	0g			0%
Saturat	ed Fa	t 0g		0%
Trans F	at Og			
Choleste	rol O	mg		0%
Sodium	Omg			0%
Total Car	rbohy	drate	• 5g	2%
Dietary F	iber	lg		3%
Sugars 4	 4g			
Protein (	)g			
Vitamin A	4%	•	Vitamin C	80%
Calcium	0%	•	Iron	0%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs				

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calorios 2000 2500	

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Cholesterol Less than		300mg
Sodium Less than		2400mg	2400mg
Total Carboh	nydrate	300g	375g
Dietary Fibe	r	25g	30g
Calories per o	ram: Fat 9	Carbs 4	Protein 4

### **INGREDIENTS:**

### **WHOLE RASPBERRIES**

2 POUCHES



### **Nutrition Facts**

Serving Size: 1/4 Cup (5g dry) Servings Per Pouch: 20

Amount Per Servin	g		
Calories 20	Cal	ories from	Fat 0
		% Daily	/ Value*
Total Fat Og			0%
Saturated Fa	t 0g		0%
Trans Fat Og			
Cholesterol Omg			0%
Sodium Omg			0%
Total Carbohydrate 4g		1%	
Dietary Fiber 1g			4%
Sugars 2g			
Protein 1g			
Vitamin A 0%		Vitamin C	10%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	

	Calonies	2,000	2,300
Total Fat	otal Fat Less than		80g
Sat Fat	Less than	20g	25g
Cholesterol	olesterol Less than		300mg
Sodium	Sodium Less than		2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9		Carbs 4	Protein 4

### **INGREDIENTS:**

Raspberries

Calcium 0%

### **WHOLE BLUEBERRIES**

2 POUCHES



Serving Size: 1/4 Cup (7g dry) Servings Per Pouch: 22

Amount Per Serving	9
Calories 30	Calories from Fat 0
	% Daily Value
Total Fat Og	0%
Saturated Fa	t 0g <b>0</b> %
Trans Fat Og	
Cholesterol 0	mg <b>0</b> %
Sodium Omg	0%
Total Carbohy	drate 6g 2%
Dietary Fiber	r 1g <b>5</b> %
Sugars 6g	
Protein Og	

Vitamin A	0%	•	Vitamin C	2%
Calcium	0%	•	Iron	0%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calorios por s	ram: Fat 0	Carbs 4	Drotoin 4	_

### **INGREDIENTS:**

Blueberries

2%

### **SLICED BANANAS**

2 POUCHES



### **Nutrition Facts**

Serving Size: 1/4 Cup (8g dry) Servings Per Pouch: 20

Amount Per	Serving			
Calories	30	Ca	lories f	rom Fat C
			9	6 Daily Value
Total Fat	0g			0%
Saturate	d Fat	0g		0%
Trans Fa	t 0g			
Choleste	rol Om	ng		0%
Sodium (	mg	_		0%
Total Car		rat	e 6g	2%
Dietary F		_	- 3	2%
Sugars 2		_		
Protein 0				
Vitamin A	0%		Vitam	in C 0%
Calcium	0%	•	Iron	0%
*Percent Da calorie diet. or lower dep	Your da	ily v on y	alues may	/ be higher
Total Fat	Less th		65g	80g
Sat Fat Cholesterol	Less th		20g 300ma	25g 300mg
Sodium				2400mg
Total Carbol			300g	375g
Dietary Fibe	r		25g	30g
			Carbs 4	Don't day

### **INGREDIENTS:**

Bananas

### **DICED APPLES**

2 POUCHES



### **Nutrition Facts**

Serving Size: 1/4 Cup (6g dry)

Amount Per S	erving			
Calories 2	0	Ca	ories from	Fat 0
			% Daily	Value*
Total Fat (	)g			0%
Saturated	d Fat	0g		0%
Trans Fat	0g			
Cholester	ol On	ng		0%
Sodium 0	mg			0%
Total Carb	ohyc	irat	e 6g	2%
Dietary Fiber 1g 5			5%	
Sugars 4g	3			
Protein 0g	)			
Vitamin A	0%	•	Vitamin C	2%
Calcium	0%	•	Iron	0%
			e based on a 2	

calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	

300g

375g

Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS: Granny Smith Apples** 

Total Carbohydrate

### **APPLE DELIGHT DRINK MIX**

1 POUCH



### **Nutrition Facts**

Serving Size: 2 Tbsp (25g dry) Servings Per Pouch: 16

Amount Per Serving		
Calories 100	Calories	from Fat 0
		% Daily Value*
Total Fat Og		0%
Saturated Fat	0g	0%
Trans Fat Og		
Cholesterol On	ng	0%
Sodium Omg		0%
Total Carbohyo	<b>Irate</b> 24g	8%
Dietary Fiber	0g	0%
Sugars 24g		
Protein Og		

Protein Og				
Vitamin A	0%	•	Vitamin C	150%
Calcium	0%	٠	Iron	0%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher				

or lower depending on your calorie needs.

Calories 2000 2500

		_,	_,
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9		Carbs 4	Protein 4

### **INGREDIENTS:**

Sugar, apple juice powder (maltodextrin, natural flavors [apple juice solids and natural flavors], caramel color, sodium benzoate), citric acid, sodium citrate BB, xanthan gum, ascorbic acid, artificial apple flavor (maltodextrin, artificial flavors), malic acid, caramel color.