

60 SERVING ENTRÉE ONLY GRAB AND GO FOOD KIT



Item Number 01-160

Creamy Pasta & Vegetable Rotini 4 Srv.

Nutrition Facts	
Serving Size: 1/4 Pouch (51g) Servings Per Container 4	
Amount Per Serving	
Calories 200	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 600mg	25%
Total Carbohydrate 35g	12%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 6g	
Vitamin A 20% • Vitamin C 2%	
Calcium 4% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Savory Stroganoff 4 Srv.

Nutrition Facts	
Serving Size: 1/4 Pouch (64g) Servings Per Container 4	
Amount Per Serving	
Calories 250	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 45g	15%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 7g	
Vitamin A 0% • Vitamin C 2%	
Calcium 8% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Chili Mac 4 Srv.

Nutrition Facts	
Serving Size: 1/4 Pouch (69g) Servings Per Container 4	
Amount Per Serving	
Calories 240	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 610mg	25%
Total Carbohydrate 48g	16%
Dietary Fiber 5g	20%
Sugars 9g	
Protein 11g	
Vitamin A 30% • Vitamin C 10%	
Calcium 8% • Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Pasta Alfredo 4 Srv.

Nutrition Facts	
Serving Size: 1/4 Pouch (65g) Servings Per Container 4	
Amount Per Serving	
Calories 280	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 770mg	32%
Total Carbohydrate 43g	14%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 5g	
Vitamin A 0% • Vitamin C 2%	
Calcium 2% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Chicken Flavored Noodle Soup 4 Srv.

Nutrition Facts	
Serving Size 1/4 Pouch (50g) Servings Per Container 4	
Amount Per Serving	
Calories 180	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 530mg	22%
Total Carbohydrate 34g	11%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 8g	
Vitamin A 4% • Vitamin C 4%	
Calcium 4% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Cheesy Macaroni 4 Srv.

Nutrition Facts	
Serving Size: 1/4 Pouch (51g) Servings Per Container 4	
Amount Per Serving	
Calories 200	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 600mg	25%
Total Carbohydrate 35g	12%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 6g	
Vitamin A 20% • Vitamin C 2%	
Calcium 4% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Teriyaki and Rice
(4-Srv.) 4 Srv.

Nutrition Facts	
Serving Size 1/4 Pouch (75g) Servings Per Container 4	
Amount Per Serving	
Calories 270	Calories from Fat 5
% Daily Value*	
Total Fat 0 5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	14%
Total Carbohydrate 62g	21%
Dietary Fiber 2g	8%
Sugars 16g	
Protein 6g	
Vitamin A 20% • Vitamin C 0%	
Calcium 4% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Cheesy Lasagna
4 Srv

Nutrition Facts	
Serving Size 1/4 Pouch (69g) Servings Per Container 4	
Amount Per Serving	
Calories 250	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1 5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	17%
Total Carbohydrate 45g	15%
Dietary Fiber 4g	16%
Sugars 13g	
Protein 11g	
Vitamin A 35% • Vitamin C 35%	
Calcium 10% • Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Baked Potato Casserole
4 Srv

Nutrition Facts	
Serving Size 1/4 Pouch (57g) Servings Per Container 4	
Amount Per Serving	
Calories 210	Calories from Fat 20
% Daily Value*	
Total Fat 2 5g	4%
Saturated Fat 1 5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 730mg	30%
Total Carbohydrate 41g	14%
Dietary Fiber 3g	12%
Sugars 15g	
Protein 7g	
Vitamin A 2% • Vitamin C 10%	
Calcium 15% • Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Savory Stroganoff
4 Srv.

Nutrition Facts	
Serving Size 1/4 Pouch (64g) Servings Per Container 4	
Amount Per Serving	
Calories 250	Calories from Fat 40
% Daily Value*	
Total Fat 4 5g	7%
Saturated Fat 2 5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%
Total Carbohydrate 45g	15%
Dietary Fiber 2g	8%
Sugars 8g	
Protein 7g	
Vitamin A 0% • Vitamin C 2%	
Calcium 8% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Tomato Basil Soup
4 Srv.

Nutrition Facts	
Serving Size 1/4 Pouch (58g) Servings Per Container 4	
Amount Per Serving	
Calories 240	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	18%
Total Carbohydrate 39g	13%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 4g	
Vitamin A 25% • Vitamin C 20%	
Calcium 2% • Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Hearty Tortilla Soup
4 Srv

Nutrition Facts	
Serving Size 1/4 Pouch (45g) Servings Per Container 4	
Amount Per Serving	
Calories 150	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 960mg	40%
Total Carbohydrate 33g	11%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 4g	
Vitamin A 20% • Vitamin C 6%	
Calcium 2% • Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	

Potatoes Pot Pie
4 Srv.

Nutrition Facts	
Serving Size 1/4 Pouch (50g) Servings Per Container 4	
Amount Per Serving	
Calories 190	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Total Carbohydrate 33g	11%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 6g	
Vitamin A 10% • Vitamin C 15%	
Calcium 4% • Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrate 4 • Protein 4	