MORNING MOO'S® LOW FAT MILK ALTERNATIVE (18 cans)  Nutrition Facts Serving Size: 2 Tbsp (17g) Dry Servings Per Container: 93  Amount Per Serving Calories 70 Calories from Fat 20	HARD WHITE WHEAT (30 cans)  Nutrition Facts Serving Size: 1/4 Cup (43g) Dry Servings Per Container: 51  Amount Per Serving Calories 140 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0%	ELBOW MACARONI (6 cans)  Nutrition Facts Serving Size: 1/2 Cup (54g) Dry Servings Per Container: 26  Amount Per Serving Calories 200 Calories from Fat 10  % Daily Value* Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0%	Jacob Total #10 Canal #10
Cholesterol Omg 5%  Sodium 110mg 5%  Total Carbohydrate 8g 3%  Dietary Fiber Og 0%  Sugars 1g  Protein 3g  Vitamin A 8% Vitamin C 0%  Vitamin D 25% Riboflavin 4%  Calcium 10% Iron 0%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4  INGREDIENTS:  Sweet whey, creamer (coconut oil, corn syrup olids, sodium caseinate [a milk derivative], lipotassium phosphate, sugar, mono and liglycerides, polysorbate 80, sodium illicoaluminate, tetrasodium pyrophosphate, soy ecithin), nonfat milk, sugar, guar gum, vitamin A, vitamin D.  Contains allergens: Milk and soy.	Cholesterol Omg  Sodium 15mg  Total Carbohydrate 31g  Dietary Fiber 6g  Sugars 2g  Protein 6g  Vitamin A 0% • Vitamin C 0%  Calcium 2% • Iron 10%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g  Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Hard white wheat berries.  Contains allergens: Wheat.	Cholesterol Omg  Sodium Omg  O%  Total Carbohydrate 40g  Dietary Fiber 2g  Sugars 2g  Protein 7g  Vitamin A O% • Vitamin C O%  Calcium O% • Iron 50%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g  Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid.  Contains allergens: Wheat.	Cholesterol Omg  Sodium Omg  O%  Total Carbohydrate 37g  Dietary Fiber Og  Sugars Og  Protein 3g  Vitamin A 0% • Vitamin C 0%  Calcium 0% • Iron 8%  "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g  Calories per gram: Fat 9 • Carbs 4 • Protein 4
COUNTRY FRESH® ROO% INSTANT NONFAT DRY MILK RS cans)  Nutrition Facts Serving Size: 5 Tbsp (21g) Dry Servings Per Container: 39  Amount Per Serving Calories 70 Calories from Fat 0	HONEY WHITE BREAD, SCONE & ROLL MIX  (4 cans)  Nutrition Facts  Serving Size: 1/4 Cup (33g) Dry  Servings Per Container: 49  Amount Per Serving  Calories 120 Calories from Fat 15  % Daily Value*  Total Fat 1.5g 2%  Saturated Fat 0g 1%  Trans Fat 0g  Cholesterol 5mg 11%  Sodium 270mg 11%  Total Carbohydrate 23g 8%  Dietary Fiber less than 1g 3%  Sugars 2g  Protein 4g  Vitamin A 0% Vitamin C 0%  Calcium 2% Iron 8%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g  Saturated Fat Less than 52g 25g  Cholesterol Less than 20g 25g  Cholesterol Less than 20mg 300mg  Sodium Less than 2,400mg 2,400mg  Total Carbohydrate 300g 375g  Dietary Fiber 25g 30g  Calories per gram: Fat 9 Carbs 4 Protein 4  INGREDIENTS:  Flour (bleached wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, nonfat dry milk, salt, refinery syrup, honey, whole eggs (whole eggs, sodium ilicoaluminate [as an aniticaking agent]), dough enhancer (flour [bleached wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamine anniticaking agent]), dough enhancer (flour [bleached wheat flour, malted barley flour, niacid, thin, folic acid), PBR-200DF [yeast, enzymes, soybean oil, PBR-FD [wheat flour, ascorbic acid, wheat gluten, enzymes, lecithin powder [liquid lecithin, soy flour, olorital).  Contains allergens: Soy, milk, eggs, and wheat.	WHOLE EGGS (8 cans)  Nutrition Facts Serving Size: 2 1/2 Tbsp (13g) Dry Servings Per Container: 71  Amount Per Serving Calories 70 Calories from Fat 45 % Daily Value* Total Fat 5g 8% Saturated Fat 1.5g 8% Trans Fat 0g Cholesterol 215mg 72% Sodium 90mg 4% Total Carbohydrate 0g 0% Dietary Fiber 0g 0% Sugars 0g Protein 6g  Vitamin A 6% Vitamin C 0% Calcium 2% Iron 6%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4  INGREDIENTS: Whole eggs, sodium silicoaluminate (as an anticaking agent). Contains allergens: Eggs.	FREEZE DRIED SWEET CORN (5 cans)  Nutrition Facts Serving Size: 1/2 Cup (19g) Dry Servings Per Container: 23  Amount Per Serving  Calories 70 Calories from Fat 5 % Daily Value Total Fat 1g 2% Saturated Fat 0g 0% Trans Fat 0g  Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 13g 4% Dietary Fiber 2g 8% Sugars 0g  Protein 2g  Vitamin A 2% Vitamin C 8% Calcium 0% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 · Carbs 4 · Protein 4  INGREDIENTS: Freeze-dried corn.
PINTO BEANS 2 cans)  Nutrition Facts Serving Size: 1/2 Cup (86g) Dry Servings Per Container: 26  Amount Per Serving Calories 300 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Sugars 4g  Protein 18g Vitamin A 0% • Vitamin C 10% Calcium 10% • Iron 10% Calcium 10% • Iron 10% Calcium 10% • Iron 10% Calories 2,000 2,500 Total Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  NGREDIENTS: Pinto Beans.	BUTTER POWDER (1 can)  Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 204  Amount Per Serving Calories 35 Calories from Fat 30	CHOCOLATE MORNING MOO'S® LOW FAT MILK ALTERNATIVE (4 cans)  Nutrition Facts Serving Size: 3 1/2 Tbsp (35g) Dry Servings Per Container: 57  Amount Per Serving Calories 140 Calories from Fat 35  Saturated Fat 3.5g 6% Saturated Fat 3.5g 16% Trans Fat 0g Cholesterol Omg 0% Sodium 170mg 7% Total Carbohydrate 26g 9% Dietary Fiber less than 1g 3% Sugars 21g Protein 2g  Vitamin A 10% Vitamin C 0% Vitamin D 25% Riboflavin 2% Calcium 6% Iron 2%  Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4  INGREDIENTS: Sugar, creamer (coconut oil, corn syrup solids, soliupm caseinate [a milk derivative], dipoctassium phosphate, sugar, mono and diglycerides, polysorbate 80, sodium silicoaluminate, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, dutched cocoa (processed with alkali), sweet whey, natural cream flavor (maltodextrin, natural cream gum, cellulose gum, vitamin A, vitamin D. Contains allergens: Milk and soy.	CREAMY POTATO SOUP MIX (4 cans)  Nutrition Facts Serving Size: 1/3 Cup (49g) Dry Servings Per Container: 33  Amount Per Serving  Calories 200 Calories from Fat 70 % Daily Value Total Fat 7g 11% Saturated Fat 4g 19% Trans Fat 0g  Cholesterol Omg Sodium 1010mg 42% Total Carbohydrate 32g 11% Dietary Fiber 1g 5% Sugars 3g  Protein 3g  Vitamin A 2% • Vitamin C 10% Calcium 2% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Creamer (maltodextrin, palm oil), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), potato dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, suguar, onion powder, dissodium inosinate, disodium, silicon dioxide], salt, sugar, east extract, swey and sugarylate, gains, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, suguar, onion powder, ciso, slt, usugar, east extract, swely diversed parsies; Wheat, dairy, and soy
APPLE DELIGHT DRINK MIX (3 cans)  Nutrition Facts Serving Size: 2 Tbsp (25g) Dry Servings Per Container: 103  Amount Per Serving Calories 100 Calories from Fat 0	BEEF FLAVORED VEGETARIAN MEAT SUBSTITUTE (10 cans)  Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 40 Amount Per Serving Calories 90 Calories from Fat 35	POTATO GEMS (3 cans)  Nutrition Facts Serving Size: 1/4 Cup (30g) Dry Servings Per Container: 45 Amount Per Serving Calories 110 Calories from Fat 15	QUICK ROLLED OATS (60 cans)  Nutrition Facts Serving Size: 1/2 Cup (50g) Dry Servings Per Container: 22  Amount Per Serving Calories 190 Calories from Fat 30
DEHYDRATED POTATO SHREDS 4 cans)  Nutrition Facts Serving Size: 1/2 Cup (31g) Dry Servings Per Container: 21  Amount Per Serving Calories 110 Calories from Fat 5 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0%	BLUEBERRY MUFFIN MIX (2 cans)  Nutrition Facts Serving Size: 1/4 Cup (39g) Dry Servings Per Container: 40  Amount Per Serving Calories 150 Calories from Fat 25 % Daily Value* Total Fat 2.5g 4% Saturated Fat 1g 5% Trans Fat 0.5g Cholesterol 25mg 8%	SHORTENING POWDER (1 can)  Nutrition Facts Serving Size: 1 Tbsp (7g) Dry Servings Per Container: 178  Amount Per Serving Calories 50 Calories from Fat 45 % Daily Value* Total Fat 5g 8% Saturated Fat 2.5g 13% Trans Fat 0g Cholesterol 0mg 0%	HONEY POWDER (1 can)  Nutrition Facts Serving Size: 1 Tsp (4g) Dry Servings Per Container: 340  Amount Per Serving Calories 15 Calories from Fat C % Daily Value Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0%
Total Carbohydrate 24g 8%  Dietary Fiber 2g 8%  Sugars 1g  Protein 2g  Vitamin A 0% Vitamin C 20%  Calcium 2% Iron 2%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g  Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS:  Potato shreds (potato, salt, dextrose). Freshness preserved with sodium bisulfite and BHT.	Total Carbohydrate 29g 10%  Dietary Fiber 0g 2%  Sugars 15g  Protein 3g  Vitamin A 0% • Vitamin C 0%  Calcium 2% • Iron 6%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 3,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g  Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS:  Bleached enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, cake flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), shortening (partially hydrogenated soybean oil), blueberry nuggets (dextrose, partially hydrogenated vegetable oil [Soy bean and cottonseed], bleached enriched wheat flour [wheat flour, inaicin, reduced iron, thiamine mononitrate, riboflavin, folic acid], citric acid, cellulose gum, maltodextrin, artificial flavors and colors [FD&C Red #40, Blue #1, Blue #2]), powdered sugar, buttermilk solids, whole eggs (whole eggs, sodium silicoaluminate [as an anticaking agent]), sodium acid pyrophosphate, salt, baking soda, egg yolks, vanilla (natural and artificial flavor), xanthan gum, blueberry flavor.  Contains allergens: Wheat, milk, eggs, and soy.	Total Carbohydrate 1g 0%  Dietary Fiber Og 0%  Sugars Og  Protein Og  Vitamin A 0% • Vitamin C 0%  Calcium 0% • Iron 0%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 3,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS:  Creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide).  Contains allergens: Milk.	Total Carbohydrate 4g 1%  Dietary Fiber 0g 0%  Sugars 4g  Protein 0g  Vitamin A 0% • Vitamin C 0%  Calcium 0% • Iron 0%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS:  Honey powder (refinery syrup, honey), fructose.
DEHYDRATED DICED BELL PEPPERS (RED & GREEN) (1 can)  Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 113  Amount Per Serving Calories 15 Calories from Fat 0	BACON FLAVORED BITS VEGETARIAN MEAT SUBSTITUTE (10 cans)  Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 192  Amount Per Serving Calories 15 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 115mg 5% Total Carbohydrate 1g 0% Dietary Fiber less than 1g 4% Sugars 0g Protein 2g  Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Textured vegetable protein (soy flour, caramel color, FD&C Red #3), soybean oil, salt, natural flavoring. Contains allergens: Soy.	FREEZE DRIED SLICED STRAWBERRIES (5 cans)  Nutrition Facts Serving Size: 1/2 Cup (10g) Dry Servings Per Container: 18  Amount Per Serving Calories 35 Calories from Fat 5 % Daily Value* Total Fat Og 0% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 5g 2% Dietary Fiber 2g 8% Sugars 5g Protein 1g  Vitamin A 0% • Vitamin C 110% Calcium 2% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	HONEY COATED BANANA SLICES (18 cans)  Nutrition Facts Serving Size: 1/2 Cup (42g) Dry Servings Per Container: 22  Amount Per Serving Calories 230 Calories from Fat 140
DEHYDRATED POTATO SLICES 9 cans)  Nutrition Facts Serving Size: 1/2 Cup (20g) Dry Servings Per Container: 28 Amount Per Serving Calories 70 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Cholesterol Omg 0% Sodium 15mg 1% Total Carbohydrate 16g 5% Dietary Fiber 2g 6% Sugars 1g Protein 0g Vitamin A 0% Vitamin C 10% Calcium 0% Iron 2% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  NGREDIENTS: Potato slices preserved with sodium bisulfite.	TACO FLAVORED VEGETARIAN MEAT SUBSTITUTE (3 cans)  Nutrition Facts Serving Size: 1/4 Cup (37g) Dry Servings Per Container: 30 Amount Per Serving Calories 140 Calories from Fat 50  ** Daily Value**  Total Fat 6g 9% Saturated Fat 1g 4% Trans Fat 0g Cholesterol Omg 0% Sodium 850mg 36% Total Carbohydrate 10g 3% Dietary Fiber 5g 19% Sugars 3g Protein 14g  Vitamin A 2% • Vitamin C 0% Calcium 8% • Iron 15% -Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Textury oyegeah oil, sprik, apprika. Contains allergens: Soy.	FREEZE DRIED WHOLE RASPBERRIES (3 cans)  Nutrition Facts Serving Size: 1/2 Cup (10g) Dry Servings Per Container: 22 Amount Per Serving Calories 35 Calories from Fat 0	DEHYDRATED DICED CARROTS (4 cans)  Nutrition Facts Serving Size: 1/3 Cup (36g) Dry Servings Per Container: 29  Amount Per Serving Calories 120 Calories from Fat 5 % Daily Value Total Fat 0.5g 1½ Saturated Fat 0g Cholesterol Omg 0½ Sodium 100mg 4½ Total Carbohydrate 28g 9½ Dietary Fiber 3g 12½ Sugars 19g Protein 3g  Vitamin A 780% Vitamin C 45% Calcium 8% Iron 8½ *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4
VEGETABLE STEW BLEND (4 cans)  Nutrition Facts Serving Size: 1/4 Cup (23g) Dry Servings Per Container: 40  Amount Per Serving Calories 70 Calories from Fat 0  % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 50mg 2% Total Carbohydrate 18g 6% Dietary Fiber 2g 8% Sugars 5g Protein 2g Vitamin A 50% • Vitamin C 70% Calcium 6% • Iron 4%  "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Contains allergens: Processed in a plant that landles wheat, egg, dairy, soybean, peanut, rashew, walnut, and almond products.	CHOCOLATE FUDGE BROWNIE MIX (2 cans)  Nutrition Facts Serving Size: 1/4 Cup (39g) Dry Servings Per Container: 45  Amount Per Serving Calories 150 Calories from Fat 15	CREAMY WHEAT CEREAL (8 cans)  Nutrition Facts Serving Size: 1/4 Cup (50g) Dry Servings Per Container: 36  Amount Per Serving Calories 180 Calories from Fat 5  % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 38g 13% Dietary Fiber 1g 4% Sugars 1g Protein 6g Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Farina (Wheat). Contains allergens: Wheat.	CHICKEN BOULLION (1 can)  Nutrition Facts Serving Size: 1/2 Tsp (2g) Dry Servings Per Container: 921  Amount Per Serving  Calories 5 Calories from Fat C % Daily Value  Total Fat Og Cholesterol Omg Sodium 400mg Trans Fat Og  Cholesterol Omg Sugars Og  Protein Og  Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0%  "Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Sodium Less than 2,400mg 3,400mg Total Carbohydrate 300g 375g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Chicken soup base (corn syrup Solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powded disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsiley, silicion dioxide), salt sugar, yeast extract, sweet whey, turmeric, garlic powder, caramel color, dehydrated onion.  Contains allergens: Soy, milk.
FD BROCCOLI FLORETS & STEMS 2 cans)  Nutrition Facts Serving Size: 1/2 Cup (7g) Dry Servings Per Container: 28  Amount Per Serving Calories 20 Calories from Fat 0	BLACK TURTLE BEANS (6 cans)  Nutrition Facts Serving Size: 1/4 Cup (46g) Dry Servings Per Container: 49  Amount Per Serving Calories 150 Calories from Fat 0	CHICKEN GRAVY MIX (1 can)  Nutrition Facts Serving Size: 1/4 Cup (30g) Dry Servings Per Container: 38  Amount Per Serving Calories 100 Calories from Fat 5	ORANGE DELIGHT DRINK MIX (3 cans)  Nutrition Facts Serving Size: 2 Tbsp (26g) Dry Servings Per Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories from Fat Container: 99  Amount Per Serving Calories 100 Calories 90  Vitamin A 0% Vitamin C 100% Calcium 0% Iron 0%  Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher of lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 20g 25g
Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Freeze dried broccoli florets & stems.	Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Black Turtle Beans.  HONEY WHEAT BREAD & ROLL MIX	Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Corn starch, maltodextrin, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide), yeast extract, chicken flavor (autolyzed yeast extract, maltodextrin, salt, chicken flavor, chicken stock, natural flavor, chicken fat, silicon dioxide [anticaking agent]), creamer (maltodextrin, palm oil), parsley, dehydrated onion, salt, white pepper.  Contains allergens: Soy and milk.	Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375c Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Sugar, citric acid, natural and artificial orange flavors, sodium citrate, ascorbic acid, FD&C Yellov
Nutrition Facts  Serving Size: 1/2 Cup (79g) Dry Servings Per Container: 19  Amount Per Serving  Calories 290 Calories from Fat 20	Nutrition Facts  Serving Size: 1/4 Cup (34g) Dry Servings Per Container: 48  Amount Per Serving  Calories 120 Calories from Fat 10	Nutrition Facts  Serving Size: 1 Tsp (3g) Dry Servings Per Container: 217  Amount Per Serving  Calories 10 Calories from Fat 0	Nutrition Facts  Serving Size: 1/2 Cup (17g) Dry  Servings Per Container: 32  Amount Per Serving  Calories 60 Calories from Fat Containers 60 Calories 60 Calo
CHEESE BLEND POWDER (1 can)  Nutrition Facts Serving Size: 1/4 Cup (34g) Dry Servings Per Container: 43  Amount Per Serving Calories 120 Calories from Fat 25	CHICKEN FLAVORED VEGETARIAN MEAT SUBSTITUTE (8 cans)  Nutrition Facts Serving Size: 1/4 Cup (26g) Dry Servings Per Container: 41  Amount Per Serving Calories 90 Calories from Fat 30	BUTTERMILK PANCAKE MIX (2 cans)  Nutrition Facts Serving Size: 1/3 Cup (50g) Dry Servings Per Container: 29  Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 10mg 3% Sodium 670mg 28% Total Carbohydrate 36g 12% Dietary Fiber less than 1g 4% Sugars 5g Protein 5g  Vitamin A 0% • Vitamin C 0% Calcium 10% • Iron 15% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Cake flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), sugar, soybean flour, dextrose, buttermilk powder, baking soda, corn starch, leavening agent (soodium cid pyrophosphate), non-iodized salt, leavening agent (monocalcium phosphate monohydrate), dried eggs (pasteurized whole eggs, less than 2 percent sodium silicoaluminate as an anticaking agent), soybean oil.  Contains allergens: Milk, egg, soy and wheat.	SCRAMBLED EGG MIX (2 cans)  Nutrition Facts Serving Size: 2 Tbsp (11g) Dry Servings Per Container: 92  Amount Per Serving  Calories 60 Calories from Fat 35  % Daily Value  Total Fat 4g 6% Saturated Fat 1g 5% Trans Fat 0g  Cholesterol 165mg 54% Sodium 85mg 4%  Total Carbohydrate 2g 1% Dietary Fiber 0g 0% Sugars 0g  Protein 4g  Vitamin A 0% • Vitamin C 0% Calcium 6% • Iron 2%  *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher o lower depending on your calorie needs.  Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Whole eggs, nonfat dry milk, vegetable oil.  Contains allergens: Milk and eggs.
LENTILS 2 can)  Nutrition Facts Serving Size: 1/4 Cup (47g) Dry Servings Per Container: 48  Amount Per Serving Calories 100 Calories from Fat 0	DEHYDRATED CROSS CUT CELERY (3 cans)  Nutrition Facts Serving Size: 1/4 Cup (14g) Dry Servings Per Container: 36  Amount Per Serving Calories 40 Calories from Fat 5 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Total Carbohydrate 9g 3% Dietary Fiber 2g 7% Sugars 2g Protein 2g  Vitamin A 6% • Vitamin C 25% Calcium 10% • Iron 6% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	WHITE GRANULATED SUGAR (2 cans)  Nutrition Facts Serving Size: 1 Tsp (4g) Dry Servings Per Container: 595  Amount Per Serving Calories 15 Calories from Fat 0 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium Omg 0% Sodium Omg 0% Sugars 4g  Protein 0g  Vitamin A 0% • Vitamin C 0% Calcium 0% • Iron 0% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4	IODIZED SALT (1 can)  Nutrition Facts Serving Size: 1/4 Tsp (2g) Dry Servings Per Container: 1474  Amount Per Serving Calories 0 Calories from Fat Container: 1474  Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 790mg 33% Total Carbohydrate 0g 0% Sugars 0g Protein 0g  Vitamin A 0% Vitamin C 0% Calcium 0% Iron 0% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher of lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80 saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Iodized salt.
DEHYDRATED SPINACH FLAKES 1 can)  Nutrition Facts Serving Size: 1/4 Cup (5g) Dry Servings Per Container: 45 Amount Per Serving Calories 10 Calories from Fat O % Daily Value* Total Fat Og Saturated Fat Og Trans Fat Og Cholesterol Omg Sodium 45mg 2% Total Carbohydrate 2g 1% Dietary Fiber less than 1g Sugars Og Protein 2g  Vitamin A 10% • Vitamin C 25% Calcium 6% • Iron 8% Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 300mg 3,00mg Sodium Less than 20g 25g Cholesterol Less than 300mg 3,00mg Sodium Less than 20g 25g Cholesterol Less than	BROWN SUGAR (1 can)  Nutrition Facts Serving Size: 1 Tsp (3g) Dry Servings Per Container: 527  Amount Per Serving Calories 10 Calories from Fat O % Daily Value* Total Fat Og O% Saturated Fat Og O% Trans Fat Og Cholesterol Omg O% Sodium Omg O% Sodium Omg O% Sugars 3g Protein Og Vitamin A O% Vitamin C O% Calcium O% Iron O% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 2,400mg 2,400mg Total Carbohydrate 300mg 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300mg 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4  INGREDIENTS: Brown sugar.	BUTTERMILK BISCUIT MIX (NO LEAVENING) (1 can)  Nutrition Facts Serving Size: 1/3 Cup (42g) Dry Servings Per Container: 31  Amount Per Serving Calories 180 Calories from Fat 60 % Daily Value* Total Fat 7g 11% Saturated Fat 1.5g 8% Trans Fat 2g Cholesterol Omg 1% Sodium 250mg 10% Total Carbohydrate 23g 8% Dietary Fiber 3g 12% Sugars 2g Protein 5g  Vitamin A 0% Vitamin C 0% Calcium 4% Iron 4% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 65g 80g Saturated Fat Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g Calories per gram: Fat 9 Carbs 4 Protein 4  INGREDIENTS: Unbleached en niacin, foil, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour (winteat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour (wontrat f, ribor niacin, folic acid), pastry unbleached enriched flour, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour, thiamine mononitrate, riboflavin, folic acid), pastry unbleached enriched flour, thiamine	HEARTY VEGETABLE BEEF SOUP MIX (2 cans)  Nutrition Facts Serving Size: 1/3 Cup (58g) Dry Servings Per Container: 21  Amount Per Serving Calories 170 Calories from Fat C % Daily Value  Total Fat Og Cholesterol Omg Sodium 1200mg Sodium 1200mg Sodium 1200mg Formal Sodium 1200mg Sodium 1200mg Sodium 1200mg Total Carbohydrate 39g Dietary Fiber 5g Sugars 4g Protein 7g  Vitamin A 110% · Vitamin C 10% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher of lower depending on your calorie needs. Calories 2,000 2,500  Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Sodium Less than 2,400mg 2,400mg Sodium Less than 2,400mg 3,400mg Sodium Sodium Less than 300mg 300mg Sodium
HEARTY VEGETABLE CHICKEN SOUP MIX 2 cans & 1 pouch)  Nutrition Facts Serving Size: 1/3 Cup (58g) Dry Servings Per Container: 21  Amount Per Serving Calories 170 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol Omg 0% Sodium 1090mg 46% Total Carbohydrate 39g 13% Dietary Fiber 5g 21%		flour, dolomite).	sugar, caramel color, dehydrated onion, garlic powder), carrot dices, celery slices, chopped